

Resultat – Kompiskavlen 2015

2015-09-22

Lång A	(13 / 13)	Tid	Efter
1. Curt Carlsson	Nyköpings OK	40:01	
3:29 (3:29)	4:07 (7:36)	4:36 (12:12)	2:08 (14:20) 2:40 (17:00) 2:59 (19:59)
3:38 (23:37)	2:13 (25:50)	2:31 (28:21)	2:01 (30:22) 4:49 (35:11) 1:55 (37:06)
2:55 (40:01)			
2. Anders Ryman	Arboga OK	42:42	+2:41
3:04 (3:04)	3:58 (7:02)	5:00 (12:02)	2:18 (14:20) 3:32 (17:52) 3:29 (21:21)
3:45 (25:06)	2:06 (27:12)	3:13 (30:25)	2:32 (32:57) 5:23 (38:20) 2:09 (40:29)
2:13 (42:42)			
3. Kurt Håkan Andersson	OK Tor	43:34	+3:33
5:14 (5:14)	3:29 (8:43)	5:39 (14:22)	1:45 (16:07) 3:23 (19:30) 2:40 (22:10)
7:15 (29:25)	2:11 (31:36)	2:21 (33:57)	1:42 (35:39) 3:59 (39:38) 1:43 (41:21)
2:13 (43:34)			
4. Curt Thorén	Nyköpings OK	43:57	+3:56
3:52 (3:52)	3:59 (7:51)	6:38 (14:29)	1:50 (16:19) 2:39 (18:58) 5:52 (24:50)
3:22 (28:12)	2:22 (30:34)	2:26 (33:00)	2:00 (35:00) 4:46 (39:46) 2:02 (41:48)
2:09 (43:57)			
5. Clas Martinsson	Finspångs SOK	44:13	+4:12
3:21 (3:21)	4:13 (7:34)	5:14 (12:48)	2:24 (15:12) 3:08 (18:20) 3:27 (21:47)
3:54 (25:41)	2:34 (28:15)	3:29 (31:44)	2:11 (33:55) 5:48 (39:43) 1:53 (41:36)
2:37 (44:13)			
6. Jan-Olof Gust	Katrineholms OK	44:49	+4:48
3:59 (3:59)	4:16 (8:15)	5:03 (13:18)	2:27 (15:45) 2:58 (18:43) 3:23 (22:06)
5:01 (27:07)	2:18 (29:25)	3:07 (32:32)	1:56 (34:28) 5:53 (40:21) 2:11 (42:32)
2:17 (44:49)			
7. Kenneth Ljungberg	Nyköpings OK	49:22	+9:21
4:15 (4:15)	4:36 (8:51)	6:50 (15:41)	1:52 (17:33) 2:41 (20:14) 7:49 (28:03)
3:36 (31:39)	2:19 (33:58)	2:44 (36:42)	2:33 (39:15) 5:20 (44:35) 1:56 (46:31)
2:51 (49:22)			
8. Leif Jansson	Eskilstuna OL	51:11	+11:10
4:22 (4:22)	6:40 (11:02)	5:27 (16:29)	2:21 (18:50) 3:00 (21:50) 7:08 (28:58)
4:05 (33:03)	2:16 (35:19)	2:56 (38:15)	2:18 (40:33) 5:39 (46:12) 2:09 (48:21)
2:50 (51:11)			
9. Hans Gustavsson	Nyköpings OK	54:43	+14:42
4:57 (4:57)	4:40 (9:37)	5:23 (15:00)	2:36 (17:36) 4:10 (21:46) 5:43 (27:29)
4:17 (31:46)	2:44 (34:30)	2:50 (37:20)	2:19 (39:39) 9:13 (48:52) 2:35 (51:27)
3:16 (54:43)			
10. Mona Forsberg	Nyköpings OK	55:35	+15:34
4:04 (4:04)	4:27 (8:31)	7:50 (16:21)	7:23 (23:44) 3:10 (26:54) 3:32 (30:26)
4:46 (35:12)	2:45 (37:57)	2:59 (40:56)	3:24 (44:20) 4:49 (49:09) 3:36 (52:45)
2:50 (55:35)			
11. Gullan Andersson	Strängnäs-Malmby OL	57:17	+17:16
4:50 (4:50)	8:17 (13:07)	7:57 (21:04)	2:36 (23:40) 3:57 (27:37) 4:21 (31:58)
3:47 (35:45)	2:31 (38:16)	4:03 (42:19)	2:14 (44:33) 5:17 (49:50) 2:49 (52:39)
4:38 (57:17)			
12. Bengt Mattisson	Södertälje-Nykvarn OL	1:06:22	+26:21
7:12 (7:12)	6:17 (13:29)	6:28 (19:57)	2:15 (22:12) 4:42 (26:54) 4:06 (31:00)
11:43 (42:43)	3:02 (45:45)	2:42 (48:27)	2:19 (50:46) 8:46 (59:32) 3:49 (1:03:21)
3:01 (1:06:22)			
Weine Johansson	Södertälje-Nykvarn OL	Felst.	
5:48 (5:48)	5:46 (11:34)	11:34 (23:08)	2:36 (25:44) 4:26 (30:10) 3:57 (34:07)
4:43 (38:50)	4:17 (43:07)	10:03 (53:10)	4:02 (57:12) – (–) – (–)
– (1:20:17)			
Lång B	(13 / 13)	Tid	Efter

1.	Hans-Ove Eriksson	Nyköpings OK	32:20		
	3:43 (3:43)	1:44 (5:27)	3:46 (9:13)	1:15 (10:28)	1:54 (12:22)
	2:26 (16:42)	2:22 (19:04)	2:03 (21:07)	1:38 (22:45)	3:46 (26:31)
	2:54 (32:20)				2:55 (29:26)
2.	Sten Eriksson	Strängnäs-Malmby OL	37:18	+4:58	
	4:17 (4:17)	1:38 (5:55)	3:25 (9:20)	1:20 (10:40)	2:10 (12:50)
	2:44 (17:40)	5:27 (23:07)	2:16 (25:23)	1:47 (27:10)	3:59 (31:09)
	2:43 (37:18)				3:26 (34:35)
3.	Per Carlenius	Katrineholms OK	40:46	+8:26	
	4:31 (4:31)	1:47 (6:18)	4:50 (11:08)	1:30 (12:38)	2:19 (14:57)
	3:21 (20:48)	3:02 (23:50)	3:05 (26:55)	1:57 (28:52)	5:00 (33:52)
	2:55 (40:46)				3:59 (37:51)
4.	Bo Karlsson	Nyköpings OK	42:26	+10:06	
	4:54 (4:54)	2:05 (6:59)	3:57 (10:56)	1:28 (12:24)	2:26 (14:50)
	3:51 (21:10)	3:23 (24:33)	2:53 (27:26)	2:40 (30:06)	4:59 (35:05)
	3:21 (42:26)				4:00 (39:05)
5.	Erik Hallgren	Finspångs SOK	42:31	+10:11	
	4:25 (4:25)	2:21 (6:46)	4:12 (10:58)	1:51 (12:49)	2:37 (15:26)
	4:00 (22:27)	2:48 (25:15)	2:59 (28:14)	1:44 (29:58)	4:59 (34:57)
	3:19 (42:31)				3:01 (18:27)
6.	Håkan Alderud	Nyköpings OK	44:37	+12:17	
	4:02 (4:02)	1:42 (5:44)	6:00 (11:44)	1:31 (13:15)	2:17 (15:32)
	5:30 (23:34)	4:22 (27:56)	2:42 (30:38)	1:44 (32:22)	4:46 (37:08)
	3:32 (44:37)				3:57 (41:05)
7.	Rolf Mathisen	Eskilstuna OL	45:37	+13:17	
	7:25 (7:25)	1:24 (8:49)	10:51 (19:40)	1:22 (21:02)	1:51 (22:53)
	2:43 (28:08)	2:32 (30:40)	2:36 (33:16)	1:44 (35:00)	4:46 (39:46)
	2:40 (45:37)				3:11 (42:57)
8.	Bo Andersson	Strängnäs-Malmby OL	45:42	+13:22	
	4:50 (4:50)	2:18 (7:08)	7:03 (14:11)	1:50 (16:01)	2:37 (18:38)
	3:44 (24:44)	4:53 (29:37)	2:24 (32:01)	1:53 (33:54)	5:06 (39:00)
	3:08 (45:42)				2:22 (21:00)
9.	Olle Arman	Nyköpings OK	46:20	+14:00	
	5:37 (5:37)	2:07 (7:44)	5:55 (13:39)	1:53 (15:32)	3:10 (18:42)
	3:34 (24:56)	3:28 (28:24)	2:52 (31:16)	2:43 (33:59)	5:10 (39:09)
	3:16 (46:20)				3:55 (43:04)
10.	Göran Forsberg	Nyköpings OK	47:08	+14:48	
	4:28 (4:28)	1:51 (6:19)	3:34 (9:53)	2:22 (12:15)	2:18 (14:33)
	3:21 (20:15)	12:26 (32:41)	2:40 (35:21)	1:26 (36:47)	4:21 (41:08)
	2:50 (47:08)				2:21 (16:54)
11.	Stig Landstorp	OK Tor	48:11	+15:51	
	11:36 (11:36)	1:49 (13:25)	6:15 (19:40)	1:39 (21:19)	2:38 (23:57)
	3:18 (29:14)	2:23 (31:37)	2:22 (33:59)	1:27 (35:26)	5:04 (40:30)
	3:14 (48:11)				4:27 (44:57)
12.	Mats Johansson	Södertälje-Nykvarn OL	51:09	+18:49	
	4:01 (4:01)	1:55 (5:56)	3:37 (9:33)	1:31 (11:04)	2:47 (13:51)
	2:27 (18:20)	2:17 (20:37)	2:56 (23:33)	18:56 (42:29)	3:36 (46:05)
	2:31 (51:09)				2:02 (15:53)
13.	Stig Gustavsson	Södertälje IF	57:38	+25:18	
	7:43 (7:43)	2:52 (10:35)	6:06 (16:41)	2:46 (19:27)	3:05 (22:32)
	4:09 (29:59)	4:26 (34:25)	4:04 (38:29)	2:03 (40:32)	6:43 (47:15)
	5:10 (57:38)				3:18 (25:50)
					5:13 (52:28)

Kort A

	(16 / 16)	Tid	Efter	
1.	Jan Enesved	Södertälje IF	42:12	
	3:26 (3:26)	8:02 (11:28)	5:35 (17:03)	5:03 (22:06)
	3:35 (31:58)	5:36 (37:34)	1:55 (39:29)	2:43 (42:12)
2.	Lennart Karlsson	OK Grip	42:17	+0:05
	3:57 (3:57)	9:15 (13:12)	4:44 (17:56)	4:29 (22:25)
	3:17 (31:39)	5:53 (37:32)	2:04 (39:36)	2:41 (42:17)
				2:53 (25:18)
				3:04 (28:22)

3.	Inger Hellqvist	Nyköpings OK	49:27	+7:15	
	3:29 (3:29)	8:13 (11:42) 5:20 (17:02)	4:54 (21:56)	3:03 (24:59)	3:30 (28:29)
	4:00 (32:29)	12:23 (44:52) 1:52 (46:44)	2:43 (49:27)		
4.	Birgitta Wallin	Trosabygdens OK	50:08	+7:56	
	4:14 (4:14)	8:47 (13:01) 5:07 (18:08)	4:45 (22:53)	2:58 (25:51)	3:42 (29:33)
	4:06 (33:39)	11:57 (45:36) 2:05 (47:41)	2:27 (50:08)		
5.	Rolf Lindblom	OK Klemmingen	50:35	+8:23	
	4:13 (4:13)	7:29 (11:42) 4:26 (16:08)	13:32 (29:40)	3:35 (33:15)	2:59 (36:14)
	3:50 (40:04)	6:19 (46:23) 2:08 (48:31)	2:04 (50:35)		
6.	Jan Flodin	OK Nalle	52:00	+9:48	
	4:38 (4:38)	10:23 (15:01) 6:50 (21:51)	5:32 (27:23)	3:58 (31:21)	3:53 (35:14)
	5:13 (40:27)	5:40 (46:07) 2:45 (48:52)	3:08 (52:00)		
7.	Britt-Marie Björkman	Åkers IF	55:03	+12:51	
	6:07 (6:07)	10:38 (16:45) 5:08 (21:53)	5:17 (27:10)	2:57 (30:07)	3:33 (33:40)
	3:59 (37:39)	12:18 (49:57) 2:04 (52:01)	3:02 (55:03)		
8.	Tomas Andersson	Nyköpings OK	55:19	+13:07	
	4:46 (4:46)	14:10 (18:56) 5:22 (24:18)	4:11 (28:29)	3:00 (31:29)	3:14 (34:43)
	3:38 (38:21)	12:29 (50:50) 1:46 (52:36)	2:43 (55:19)		
9.	Vivianne Nilsson	Nyköpings OK	56:21	+14:09	
	4:48 (4:48)	10:34 (15:22) 5:20 (20:42)	4:58 (25:40)	2:54 (28:34)	3:35 (32:09)
	4:03 (36:12)	15:45 (51:57) 1:48 (53:45)	2:36 (56:21)		
10.	Hans Stensröm	Eskilstuna OL	1:01:32	+19:20	
	6:47 (6:47)	12:39 (19:26) 4:43 (24:09)	6:13 (30:22)	3:10 (33:32)	4:25 (37:57)
	4:05 (42:02)	10:27 (52:29) 2:10 (54:39)	6:53 (1:01:32)		
11.	Lars Gustafsson	Strängnäs-Malmby OL	1:02:22	+20:10	
	9:36 (9:36)	14:53 (24:29) 6:04 (30:33)	5:21 (35:54)	4:18 (40:12)	4:17 (44:29)
	4:37 (49:06)	5:49 (54:55) 2:37 (57:32)	4:50 (1:02:22)		
12.	Ann-Marie Johansson	Strängnäs-Malmby OL	1:02:59	+20:47	
	9:27 (9:27)	8:00 (17:27) 5:44 (23:11)	4:38 (27:49)	3:04 (30:53)	3:51 (34:44)
	10:22 (45:06)	10:18 (55:24) 2:26 (57:50)	5:09 (1:02:59)		
13.	Solvieg Dillman	OK ÄÖ	1:04:57	+22:45	
	6:26 (6:26)	9:05 (15:31) 6:00 (21:31)	19:47 (41:18)	3:51 (45:09)	3:55 (49:04)
	3:55 (52:59)	5:59 (58:58) 2:57 (1:01:55)	3:02 (1:04:57)		
14.	Lennart Stenberg	OK ÄÖ	1:10:02	+27:50	
	4:20 (4:20)	17:38 (21:58) 6:38 (28:36)	5:32 (34:08)	4:19 (38:27)	4:25 (42:52)
	15:13 (58:05)	5:52 (1:03:57) 3:08 (1:07:05)	2:57 (1:10:02)		
15.	Lennart Schweitz	OK Grip	1:17:00	+34:48	
	8:14 (8:14)	14:34 (22:48) 10:39 (33:27)	8:03 (41:30)	5:06 (46:36)	5:57 (52:33)
	7:32 (1:00:05)	9:25 (1:09:30) 3:38 (1:13:08)	3:52 (1:17:00)		
	Dick Edengren	Nyköpings OK	Felst.		
	5:10 (5:10)	7:55 (13:05) 4:52 (17:57)	4:31 (22:28)	8:38 (31:06)	– (–)
	– (38:36)	4:36 (43:12) 2:19 (45:31)	2:35 (48:06)		

Kort B		(16 / 16)	Tid	Efter	
1.	Leif Thorsson	OK Grip	37:07		
	4:31 (4:31)	1:56 (6:27) 4:05 (10:32)	2:49 (13:21)	3:03 (16:24)	3:13 (19:37)
	3:48 (23:25)	4:32 (27:57) 6:25 (34:22)	2:45 (37:07)		
2.	Göran Larsson	Södertälje-Nykvarn OL	43:58	+6:51	
	5:08 (5:08)	2:18 (7:26) 4:50 (12:16)	2:55 (15:11)	3:19 (18:30)	5:58 (24:28)
	4:04 (28:32)	4:31 (33:03) 7:30 (40:33)	3:25 (43:58)		
3.	Curt Nilsson	Nyköpings OK	44:20	+7:13	
	5:01 (5:01)	2:10 (7:11) 4:59 (12:10)	3:04 (15:14)	3:20 (18:34)	3:42 (22:16)
	5:38 (32:54)	5:19 (33:13) 8:01 (41:14)	3:06 (44:20)		
4.	Inga Johansson	Nyköpings OK	45:44	+8:37	
	4:36 (4:36)	1:43 (6:19) 4:01 (10:20)	3:16 (13:36)	2:37 (16:13)	9:40 (25:53)
	2:57 (28:50)	6:30 (35:20) 7:57 (43:17)	2:27 (45:44)		
5.	Bendy Wallin	Trosabygdens OK	46:47	+9:40	
	4:44 (4:44)	1:50 (6:34) 3:55 (10:29)	2:57 (13:26)	2:37 (16:03)	12:13 (28:16)
	3:00 (31:16)	4:58 (36:14) 7:52 (44:06)	2:41 (46:47)		
6.	Monica Svärd	OK Klemmingen	49:08	+12:01	
	6:07 (6:07)	8:57 (15:04) 4:39 (19:43)	3:27 (23:10)	3:32 (26:42)	3:26 (30:08)

	4:07 (34:15)	4:28 (38:43)	7:34 (46:17)	2:51 (49:08)		
7.	Åke Hulefors	Strängnäs-Malmby OL	52:13	+15:06		
	5:33 (5:33)	2:15 (7:48)	4:46 (12:34)	3:33 (16:07)	3:48 (19:55)	3:13 (23:08)
	14:08 (37:16)	4:31 (41:47)	7:30 (49:17)	2:56 (52:13)		
8.	Rickard Welander	OK ÄÖ	52:57	+15:50		
	6:21 (6:21)	2:35 (8:56)	5:21 (14:17)	4:03 (18:20)	3:55 (22:15)	3:42 (25:57)
	6:22 (32:19)	5:41 (38:00)	10:35 (48:35)	4:22 (52:57)		
9.	Berit Edengren	Nyköpings OK	53:28	+16:21		
	5:07 (5:07)	2:15 (7:22)	11:06 (18:28)	3:47 (22:15)	3:29 (25:44)	4:03 (29:47)
	4:32 (34:19)	5:55 (40:14)	9:43 (49:57)	3:31 (53:28)		
10.	Ove Johansson	Strängnäs-Malmby OL	54:30	+17:23		
	5:11 (5:11)	2:35 (7:46)	5:41 (13:27)	3:44 (17:11)	3:50 (21:01)	12:08 (33:09)
	4:54 (38:03)	5:31 (43:34)	7:51 (51:25)	3:05 (54:30)		
11.	Per Karlsson	Nyköpings OK	56:28	+19:21		
	5:57 (5:57)	2:25 (8:22)	5:29 (13:51)	2:56 (16:47)	5:55 (22:42)	4:08 (26:50)
	3:55 (30:45)	4:35 (35:20)	17:25 (52:45)	3:43 (56:28)		
12.	Billy Jakobsson	Åkers IF	1:02:10	+25:03		
	5:28 (5:28)	2:52 (8:20)	5:13 (13:33)	3:14 (16:47)	3:39 (20:26)	13:41 (34:07)
	5:42 (39:49)	6:14 (46:03)	12:12 (58:15)	3:55 (1:02:10)		
13.	Britt Eriksson	Hammarby IF OF	1:06:18	+29:11		
	6:44 (6:44)	7:16 (14:00)	6:11 (20:11)	5:33 (25:44)	4:02 (29:46)	11:35 (41:21)
	5:57 (47:18)	6:02 (53:20)	8:59 (1:02:19)	3:59 (1:06:18)		
14.	Lars-Olof Stenström	Eskilstuna OL	1:06:38	+29:31		
	6:34 (6:34)	2:58 (9:32)	6:25 (15:57)	4:16 (20:13)	4:06 (24:19)	13:33 (37:52)
	6:12 (44:04)	6:20 (50:24)	12:10 (1:02:34)	4:04 (1:06:38)		
15.	Göran Karlsson	OK Grip	1:07:26	+30:19		
	6:56 (6:56)	3:00 (9:56)	6:41 (16:37)	4:41 (21:18)	4:48 (26:06)	5:13 (31:19)
	6:05 (37:24)	9:17 (46:41)	16:04 (1:02:45)	4:41 (1:07:26)		
16.	Nils-Gunnar Lindberg	OK Nalle	1:08:32	+31:25		
	5:38 (5:38)	2:35 (8:13)	5:23 (13:36)	3:29 (17:05)	2:57 (20:02)	12:49 (32:51)
	10:09 (43:00)	6:40 (49:40)	15:44 (1:05:24)	3:08 (1:08:32)		

Mix A		(7 / 7)	Tid	Efter		
1.	Bengt Jönsson	Åkers IF	44:11			
	3:37 (3:37)	3:52 (7:29)	5:55 (13:24)	2:45 (16:09)	3:09 (19:18)	3:14 (22:32)
	3:35 (26:07)	2:14 (28:21)	2:47 (31:08)	2:08 (33:16)	5:26 (38:42)	2:56 (41:38)
	2:33 (44:11)					
2.	Karin Gustafsson	Strängnäs-Malmby OL	45:19	+1:08		
	3:30 (3:30)	3:27 (6:57)	4:14 (11:11)	1:41 (12:52)	2:18 (15:10)	2:36 (17:46)
	3:16 (21:02)	9:59 (31:01)	2:03 (33:04)	1:32 (34:36)	4:36 (39:12)	4:01 (43:13)
	2:06 (45:19)					
3.	Åke Granstam	OK Tor	46:11	+2:00		
	4:14 (4:14)	4:23 (8:37)	6:55 (15:32)	2:09 (17:41)	3:18 (20:59)	3:17 (24:16)
	4:02 (28:18)	2:45 (31:03)	2:39 (33:42)	2:19 (36:01)	5:23 (41:24)	2:16 (43:40)
	2:31 (46:11)					
4.	Gunnar Carlén	OK Måsen	47:59	+3:48		
	4:20 (4:20)	4:06 (8:26)	6:40 (15:06)	2:13 (17:19)	3:09 (20:28)	3:03 (23:31)
	3:37 (27:08)	3:35 (30:43)	4:53 (35:36)	2:11 (37:47)	5:41 (43:28)	2:10 (45:38)
	2:21 (47:59)					
5.	Ingemar Gustafsson	OK Tjärnen	50:48	+6:37		
	6:07 (6:07)	5:05 (11:12)	5:26 (16:38)	2:32 (19:10)	3:35 (22:45)	3:29 (26:14)
	4:13 (30:27)	2:53 (33:20)	3:23 (36:43)	2:58 (39:41)	6:22 (46:03)	2:31 (48:34)
	2:14 (50:48)					
6.	Hans-Erik Åkerlund	Eskilstuna OL	55:07	+10:56		
	5:23 (5:23)	4:52 (10:15)	5:44 (15:59)	2:35 (18:34)	4:14 (22:48)	3:32 (26:20)
	3:58 (30:18)	6:02 (36:20)	3:23 (39:43)	2:53 (42:36)	5:25 (48:01)	2:29 (50:30)
	4:37 (55:07)					
7.	Björn Svereus	Södertälje-Nykvam OL	57:19	+13:08		
	3:51 (3:51)	4:23 (8:14)	4:49 (13:03)	2:03 (15:06)	4:32 (19:38)	2:56 (22:34)
	19:36 (42:10)	2:29 (44:39)	2:16 (46:55)	2:00 (48:55)	4:01 (52:56)	2:10 (55:06)
	2:13 (57:19)					

Mix B	(7 / 7)	Tid	Efter
1. Karl-Robert Moqvist	OK Tor	42:53	
4:55 (4:55)	2:05 (7:00)	4:39 (11:39)	2:53 (14:32)
4:45 (26:26)	4:32 (30:58)	8:06 (39:04)	3:49 (42:53)
2. Margareta Jönsson	Åkers IF	50:42	+7:49
5:12 (5:12)	2:21 (7:33)	4:54 (12:27)	3:16 (15:43)
6:12 (29:27)	5:18 (34:45)	12:38 (47:23)	3:19 (50:42)
3. Anna Blomgren	Tullinge SK	52:39	+9:46
4:30 (4:30)	1:49 (6:19)	4:05 (10:24)	4:04 (14:28)
5:54 (25:51)	10:32 (36:23)	13:41 (50:04)	2:35 (52:39)
4. Lars Pettersson	OK Nalle	52:47	+9:54
7:43 (7:43)	2:44 (10:27)	5:28 (15:55)	4:19 (20:14)
5:07 (33:56)	5:11 (39:07)	10:09 (49:16)	3:31 (52:47)
5. Ingemar Greis	OK Måsen	55:41	+12:48
17:23 (17:23)	1:44 (19:07)	5:14 (24:21)	4:28 (28:49)
3:49 (39:04)	4:55 (43:59)	8:45 (52:44)	2:57 (55:41)
6. Bert Gustavsson	Södertälje IF	59:06	+16:13
6:07 (6:07)	2:26 (8:33)	14:31 (23:04)	4:04 (27:08)
5:42 (40:32)	6:20 (46:52)	8:22 (55:14)	3:52 (59:06)
7. Stig Lundin	Eskilstuna OL	1:03:36	+20:43
5:46 (5:46)	3:11 (8:57)	6:44 (15:41)	9:25 (25:06)
6:24 (40:44)	6:32 (47:16)	12:02 (59:18)	4:18 (1:03:36)

Ensk L	(9 / 9)	Tid	Efter
1. Ola Nyberg	Malungs OK Skogsmårdarna	32:43	
5:32 (5:32)	1:26 (6:58)	3:29 (10:27)	1:11 (11:38)
2:25 (17:21)	2:09 (19:30)	2:20 (21:50)	1:18 (23:08)
2:33 (32:43)			4:12 (27:20)
2. Staffan Holmberg	Södertälje-Nykvarn OL	40:02	+7:19
4:16 (4:16)	2:07 (6:23)	4:42 (11:05)	2:10 (13:15)
2:49 (21:13)	2:45 (23:58)	2:45 (26:43)	1:51 (28:34)
3:01 (40:02)			4:49 (33:23)
3. Bo Norbäck	Tullinge SK	42:08	+9:25
4:07 (4:07)	2:00 (6:07)	5:50 (11:57)	2:16 (14:13)
3:16 (22:19)	2:51 (25:10)	3:05 (28:15)	1:53 (30:08)
3:05 (42:08)			4:56 (35:04)
4. Christer Andén	Södertälje-Nykvarn OL	46:11	+13:28
4:27 (4:27)	2:20 (6:47)	5:42 (12:29)	1:56 (14:25)
3:17 (23:17)	3:07 (26:24)	3:42 (30:06)	2:06 (32:12)
3:54 (46:11)			5:19 (37:31)
5. Frank Nordahl	Strängnäs-Malmby OL	49:38	+16:55
6:33 (6:33)	2:12 (8:45)	10:08 (18:53)	1:30 (20:23)
3:16 (29:50)	3:39 (33:29)	2:34 (36:03)	1:51 (37:54)
2:49 (49:38)			5:17 (43:11)
6. Lars Nord	Södertälje IF	53:08	+20:25
5:10 (5:10)	2:02 (7:12)	5:29 (12:41)	1:58 (14:39)
3:53 (25:20)	3:55 (29:15)	3:30 (32:45)	4:15 (37:00)
4:21 (53:08)			6:29 (43:29)
7. Hans Lindgren	Trosabygdens OK	55:24	+22:41
4:42 (4:42)	2:28 (7:10)	6:29 (13:39)	2:20 (15:59)
4:51 (27:10)	3:46 (30:56)	3:59 (34:55)	2:17 (37:12)
4:24 (55:24)			6:07 (43:19)
8. Sven Andersson	OK Hällen	1:10:15	+37:32
6:22 (6:22)	3:19 (9:41)	8:34 (18:15)	2:38 (20:53)
7:47 (38:31)	6:21 (44:52)	4:23 (49:15)	3:14 (52:29)
4:59 (1:10:15)			6:53 (59:22)
9. Tomas Kjellberg	Stjärnhovs OK 65	1:21:15	+48:32
8:13 (8:13)	3:10 (11:23)	7:47 (19:10)	3:23 (22:33)
4:52 (42:48)	4:17 (47:05)	4:48 (51:53)	6:48 (58:41)
6:28 (1:21:15)			8:50 (1:07:31)

Ensk K	(8 / 8)	Tid	Efter	
1. Inge Gustafsson	Strängnäs-Malmby OL	37:28		
2:50 (2:50)	7:40 (10:30) 4:03 (14:33)	4:08 (18:41)	2:37 (21:18)	2:59 (24:17)
3:29 (27:46)	5:28 (33:14) 1:59 (35:13)	2:15 (37:28)		
2. Christer Svensson	Nyköpings OK	47:10	+9:42	
5:07 (5:07)	10:45 (15:52) 5:41 (21:33)	4:10 (25:43)	3:04 (28:47)	3:34 (32:21)
3:24 (35:45)	6:14 (41:59) 3:18 (45:17)	1:53 (47:10)		
3. Bengt Sjögren	Nyköpings OK	55:58	+18:30	
3:40 (3:40)	9:11 (12:51) 4:55 (17:46)	4:52 (22:38)	3:18 (25:56)	4:10 (30:06)
11:43 (41:49)	7:28 (49:17) 3:10 (52:27)	3:31 (55:58)		
4. Rolf Jansson	IF Rune	1:03:13	+25:45	
11:05 (11:05)	10:55 (22:00) 8:39 (30:39)	5:03 (35:42)	3:03 (38:45)	3:34 (42:19)
4:05 (46:24)	12:13 (58:37) 2:01 (1:00:38)	2:35 (1:03:13)		
5. Rolf Bladh	Nyköpings OK	1:18:26	+40:58	
4:23 (4:23)	22:33 (26:56) 8:06 (35:02)	5:59 (41:01)	3:51 (44:52)	7:32 (52:24)
9:26 (1:01:50)	9:28 (1:11:18) 2:26 (1:13:44)	4:42 (1:18:26)		
6. Olle Pettersson	Nyköpings OK	1:21:59	+44:31	
13:43 (13:43)	11:20 (25:03) 10:43 (35:46)	7:26 (43:12)	5:37 (48:49)	5:38 (54:27)
9:44 (1:04:11)	7:51 (1:12:02) 4:50 (1:16:52)	5:07 (1:21:59)		
Ann-Britt Flodin	OK Nalle	Felst.		
5:37 (5:37)	12:29 (18:06) 7:13 (25:19)	7:30 (32:49)	5:36 (38:25)	9:44 (48:09)
6:09 (54:18)	– (–) – (1:17:42)	5:00 (1:22:42)		
Ingrid Lundin	Eskilstuna OL	Utg.		
4:35 (4:35)	– (–) – (–)	– (–)	– (–)	– (–)
– (–)	– (–) – (–)	– (–)		

Skapad av [MeOS 3.2 U1.491](#): 2015-09-22 13:33:37